May

HIGH SCHOOL BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				May 1 Chicken Burger or Breaded Fish Sticks Baked Cookie
Chicken Bites or Grilled Cheese Sandwich	Western Burger or Three Bean Burrito Bowl	Teriyaki Chicken & Rice with Broccoli or Chicken Potstickers with Broccoli	Beef, Chicken, Pork or Beans* Nachos with Cheese Sauce or Baked Pasta Bolognese	Chicken Burger or Hot Pesto Chicken & Cheese on Flatbread Dessert
Chicken Corn Dog Or Chili with Cornbread & Shredded Cheese	Meatball Sandwich or Stuffed Pasta Shells	Early Release 13 Arroz Con Pollo or Burrito Beef, Chicken, Pork or Beans*	Gyros Sandwich or Thai Style Noodles	Chicken Burger or Breaded Fish Sticks Baked Cookie
Chicken Tenders or BBQ Chicken Sandwich	Cheeseburger or Three Bean Burrito Bowl	Egg Roll with Rice Chicken or Veggie* or Ethiopian Chicken & Brown Rice	Chicken Noodles Soup with Breadstick or CHEF'S SPECIAL ENTRÉE	Chicken Burger or Hot Deli Ham & Cheese on Flatbread Dessert
NO SCHOOL TODAY	Turkey Hot Dog or Chili with Cornbread & Shredded Cheese	Caribbean Jerk Chicken or Yakisoba Noodles	Home-style Meatballs with Brown Gravy or Chicken Drumstick	Chicken Burger or Breaded Fish Sticks Baked Cookie
BREAKFAST IS SERVED AT ALL SCHOOLS, EXCEPT: ATHEY CREEK, BOLTON AND STAFFORD				
MONDAY BREAKFAST CHOICE OF Assorted Low Sugar Cereal with String Cheese Stick Assorted Breakfast Bar Oatmeal Protein Pack Frudel Fruit, Juice & Milk	TUESDAY BREAKFAST CHOICE OF Assorted Low Sugar Cereal with String Cheese Stick Assorted Breakfast Bar Oatmeal Protein Pack Mini Pancakes Fruit, Juice & Milk	WEDNESDAY BREAKFAST CHOICE OF Assorted Low Sugar Cereal with String Cheese Stick Vassorted Breakfast Bar Oatmeal Protein Pack Blueberry Muffin with String Cheese Stick Fruit, Juice & Milk	THURSDAY BREAKFAST CHOICE OF Assorted Low Sugar Cereal with String Cheese Stick Assorted Breakfast Bar Oatmeal Protein Pack French Toast Sticks Fruit, Juice & Milk	FRIDAY BREAKFAST CHOICE OF Assorted Low Sugar Cereal with String Cheese Stick Assorted Breakfast Bar Oatmeal Protein Pack Pancake Sausage on a Stick Fruit, Juice & Milk

You may qualify for free or reduced price meals. Applications are available on our website, at all schools and the Nutrition Services office.

Lunch Prices

Paid: \$3.45 Reduced: No Charge Adult: \$4 Milk without full meal: \$.50 Breakfast \$1.95

V =Vegetarian

DAILY OFFERINGS

- Protein Pack and Deli Sandwich Assortment.
- Peanut Butter & Jelly Sandwich.
- Yoplait Yogurt with String Cheese and Baked Item.
- Pepperoni Bosco Pizza Stick every Monday.
- Roadrunner

 Cheese Pizza or Pepperoni Pizza every Tuesday through Friday.
- Choices of variety of Fruits & Vegetables. Juice, 1% White & Non-fat Chocolate Milk.
- Included with all lunches are a Meat or Meat Alternate Entrée, Bread or Grain Item.

"This institution is an equal opportunity provider"

View meal account activity and make Credit card payments at:

https://www.k12paymentcenter.com
Checks are accepted at the school or kitchen office.

Need Assistance? Contact Nutrition Services at (503) 673-7992 linstror@wlwv.k12.or.us

Visit our website! https://www.wlwv.k12.or.us/domain/42

Menus subject to change.